



# Meal Plan



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

						1	2
B							
L							
D							
				6	7	8	9
B							
L							
D							
				13	14	15	16
B							
L							
D							
	17	18	19	20	21	22	23
B							
L							
D							
	24	25	26	27	28	29	30
B							
L							
D							

## Using the Meal Plan page

Label the gray horizontal rows with the dates for the particular period you want to plan or leave blank if a template.

Label the yellow vertical column with what meal, course, snack, dessert, etc. you want to plan.

# Home Blessings

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

		13th	14th	ZONE 1	ZONE 2	Kitchen	Bedrooms
Living Room & Den							
Suzy							
WEEK 3							

**Using the Home Blessings page**

Label the gray horizontal row with the dates for the particular day you want to clean, or write the area of your home to be cleaned, or leave blank if using as a template.

Label the yellow vertical column with what area you want to clean, or your children's names, or the week of the month if you schedule weekly cleaning.

There are a variety of ways to use this chart. These are just some ideas!

